

ATHLETIC EXPERIENCE

Athletic Interests

Since I can remember my passion was to be a professional athlete; it is important to me to show women of the world, especially Latin American women, that we can be athletes.

Athletic Experience

- Venezuelan National Junior Champion in swimming 1975
- Venezuelan silver medalist in the Tennis National championship 1983
- Competed in National and international Running events.
- Member of the Pan American Peruvian Team in the Marathon in 1991
- 4th in the South American championships in the 10,000 meters in 1990
- Peruvian National champion in the 5,000, 10,000 and the Marathon 1989, 1990
- Competed in over 10 international Marathons.
- Competed in the World long distance Duathlon Championships.
- Competed in the world long distance triathlon championships. (Ironman Distance)
- Elite/Professional Endurance Athlete (Running & triathlon)

Running - Personal Records

- 5K 16:05
- 8K 28:08
- 10K 33:58
- 21K 1:16:35 (½ marathon)
- 42K 2:41:16 (Marathon)

Triathlon

- World Long distance Duathlon Championships (Zofinger, Switzerland), 22nd place
- World long distance Triathlon championship (Nice, France , 19th place
- National age group Championships (Hilton Head Island), 10th place