

Yoli - Personal Fitness Consultant

APPLICATION

Denver -Boulder - January 2012 – November 2012

Name _____ Date _____

Address _____

City _____ State _____ Zip _____ Phone _____

Email _____ Age _____ Date of Birth _____

What are your goals? Any specific event you are training for? How can I help you?

What is your Athletic/Exercise experience?

Do you have any physical limitations, Health issues that we should work with?

Where will you be training? Boulder - Denver - Both

Tell me the times and day when you are available to train (Let me know all available times). _____

Tell me what you have been up to. If you have a training pattern, what is it ? Anything else you would like to share.

Commitment

- **Price** \$85/Session – 12% discount if paid all at once. Minimum 4 months commitment. 2 x per month.
*Once in this program you are welcome to attend group workouts.

Your Time Commitment from _____ 2012 to _____ 2012

How will you pay? Monthly - all at once - Other (explain) _____

*Monthly Payments (unless all paid in advance) will be paid the beginning of each month.

Paying by Check – Make it to Yoli C

Paying with Credit Card via Pay Pal Or Credit Card Information :

Visa or Master – Credit Card Number _____ Expiration Date _____

Signature and Date

Mail application to : Yoli MultiSport Training - P.O Box 11003, Denver CO. 80211-0003